

A photograph of a young woman with dark hair, wearing a colorful patterned top, sitting on a sofa and showing a smartphone to an elderly couple. The man, with white hair and a beard, is wearing a blue checkered shirt. The woman, wearing a yellow shawl, is smiling. They are all looking at the phone together.

# Keep well all winter

Winter viruses can cause serious illness and long-term health problems. Find out which vaccines you and your family can get this winter, and where to get them.

Keep **protected** this winter

Search: NHS GM Winter vaccinations

or scan the QR code

